



Laparoscopy

SURGERY

PACKING LIST

Clothes:

- Leave all jewelry at home
- Comfy, loose fitting clothes
- Underwear a couple sizes larger
- Shoes you can slip into

Meds:

- Benadryl (for itching from the IV meds)
- Gas Ex (to lessen the effects of the residual carbon dioxide gas)
- All meds you take in original bottles
- Throat drops (for after surgery)
- Tums

Toiletries:

- Baby wipes
- Lip balm
- Pad for bleeding (store-bought are more comfortable than hospital pads)

Etc.:

- Phone/iPad
- Snacks (for post-surgery)
- Download movies & books to iPad
- Earbuds
- Pillow for the car - put it under your seat belt so your incisions are protected
- Gatorade (for post-surgery)
- All chargers
- Bring ID/Insurance Card/Paperwork

